Fear and FOMO: How to go against the crowd by understanding investing psychology

In episode 27 of Stocks Neat Co-Portfolio Manager Gareth Brown and CIO Steve Johnson discuss the recent performance of small caps and the psychology of investing.

Understanding the psychology of ourselves and others can go a long way to helping us navigate through life. Markets and investing is no different. Understanding this can enable us to avoid biases and regulate emotions to make rational and effective investment decisions.

In the episode, Gareth and Steve discuss the works of Kahneman and Tversky, and how their own personal experiences of investing have been changed and shaped over time. Listen to the full episode to find out why.

“You could make money out of the stock market without ever looking at a balance sheet or P&L if you really understand investing psychology when people are behaving irrationally”

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